Rockall Score

Criteria:
The scoring system uses clinical criteria (increasing age, co-morbidity, shock) as well as endoscopic findings or diagnoses.

Age:
0 - < 60
1 - 60-79
2 - > 80

Shock:
0 - no shock
1 - pulse > 100 bpm
2 - systolic BP < 100 mmHg

Co-morbidity:
0 - no major
1 - major, CHF, IHD
2 - renal failure, liver failure, metastatic Ca

Diagnosis:
0 - mallory-Weiss tears
1 - all other diagnoses
2 - GI malignancy

Evidence of bleeding:
0 - none
2 - Blood, adherent clot, spurting vessel

Interpretation:
Add up the criteria scores to get value. < 3 indicates good prognosis > 8 indicates poor prognosis

Definition:
Score used to identify patients at risk of a poor outcome following a upper GI bleed

Useful to be able to calculate this score to cite to a senior if asking for hep. Shows you have assessed patient and indicates urgency

NB. Lots of junior doctors have an app to calculate the rockall score on their smartphone!