

# Rockall Score

**Definition:**  
Score used to identify patients at risk of a poor outcome following a upper GI bleed

**Criteria:**  
The scoring system uses clinical criteria (increasing age, co-morbidity, shock) as well as endoscopic findings or diagnoses.

Useful to be able to calculate this score to cite to a senior if asking for hep. Shows you have assessed patient and indicates urgency  
NB. Lots of junior doctors have an app to calculate the rockall score on their smart phone!

**Interpretation:**  
Add up the criteria scores to get value.  
< 3 indicates good prognosis  
> 8 indicates poor prognosis

**Age:**  
0 - < 60  
1 - 60-79  
2 - > 80

**Shock:**  
0 - no shock  
1 - pulse > 100 bpm  
2 - systolic BP < 100 mmHg

**Co-morbidity:**  
0 - no major  
2 - major, CHF, IHD  
3 - renal failure, liver failure, metastatic Ca

**Diagnosis:**  
0 - mallory-Weiss tears  
1 - all other diagnoses  
2 - GI malignancy

**Evidence of bleeding:**  
0 - none  
2 - Blood, adherent clot, spurting vessel

