Rosenkranz
Das vierde Capitell sagt wie sich ein yede Frau in vor und nach der geburt halte soll und wie man in harter geburt zu hilff kommen soll.
Labor/Stages of Delivery

- The time and process (defined in 3 or 4 stages) beginning with the first uterine contraction until delivery of the placenta

1\textsuperscript{st} Stage
- Dilation, "Pre-delivery," Delivery is imminent

2\textsuperscript{nd} Stage
- Crowning and the process of delivery

3\textsuperscript{rd} Stage
- After the baby is born until the completion of the delivery of placenta, "After-delivery"
Cervical Effacement and Dilation During Labor

1. Cervix is not effaced or dilated.
2. Cervix is 50% effaced and not dilated.
3. Cervix is 100% effaced and dilated to 3 cm.
4. Cervix is fully dilated to 10 cm.
Normal Mechanism of Labour

Emergency Department F.I.R.E. Can Everyone Remain Relaxed

Engagement Descent

Flexion, Internal Rotation, Extension Crowning External Rotation Restitution

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1. Head floating, before engagement
2. Engagement; flexion, descent.
3. Further descent, internal rotation
4. Complete rotation, beginning extension
5. Complete extension.
7. Del. of ant. shoulder.
8. Delivery of posterior shoulder.
Breech Delivery

A

B

C

D

E

F

H
APGAR Scoring

**THE APGAR SCORE** is used to assess newborns immediately following birth. It measures five areas at both 1 minute and 5 minutes following delivery.

<table>
<thead>
<tr>
<th>AREA SCORED</th>
<th>SCORE=0</th>
<th>SCORE=1</th>
<th>SCORE=2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Skin color</td>
<td>Blue</td>
<td>Body pink, hands and feet blue</td>
<td>Baby is pink</td>
</tr>
<tr>
<td>Heart rate</td>
<td>Absent</td>
<td>Under 100 beats/min</td>
<td>Over 100 beats/min</td>
</tr>
<tr>
<td>Breathing</td>
<td>Absent</td>
<td>Slow or irregular</td>
<td>Good or crying</td>
</tr>
<tr>
<td>Muscle tone</td>
<td>Limp</td>
<td>Some tone</td>
<td>Actively moving</td>
</tr>
<tr>
<td>Reflex response</td>
<td>None</td>
<td>Grimace</td>
<td>Sneezing or coughing</td>
</tr>
</tbody>
</table>

A score of <5 may mean your baby needs oxygen or additional monitoring. A perfect score is 10, but most babies fall between 7-10.